CLAIMS

What is claimed is:

1. A vehicle seat and headrest assembly, comprising: a seatback frame:

a headrest assembly having a cushion portion and an impact target, wherein the headrest assembly is rotatably connected to the seatback frame, and wherein a rearward force upon the impact target causes the cushion portion to rotate forwardly;

a headrest assembly biasing member operatively connected to the headrest assembly and the seatback frame for biasing the headrest assembly against rotational movement; and

a locking mechanism operatively connected to the headrest assembly and the seatback frame, the locking mechanism movable between an unlocked position wherein the headrest assembly is permitted to rotate, and a locked position wherein the headrest assembly is prevented from rotating.

- 2. The vehicle seat and headrest assembly according to Claim 1, wherein removal of the rearward force upon the impact target causes the cushion portion to rotate rearwardly.
- 3. The vehicle seat and headrest assembly according to Claim 1, wherein the locking mechanism includes a plurality of locked positions.
- 4. The vehicle seat and headrest assembly according to Claim 1, wherein when the locking mechanism is in the locked position the headrest assembly is prevented from rotating rearwardly.